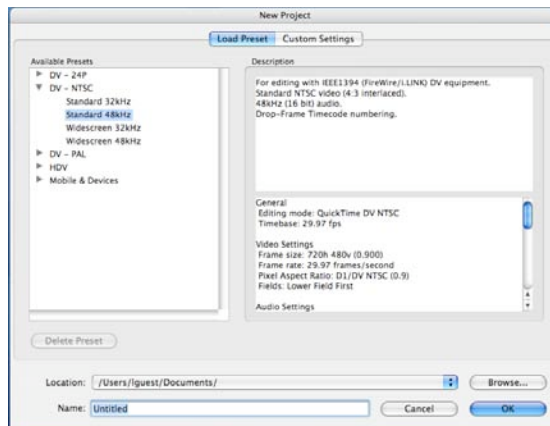




1. First open a new project by opening Adobe Premier Pro CS3 and clicking the new project button.

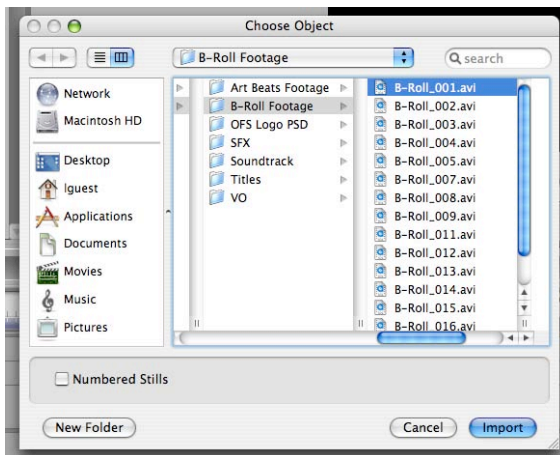
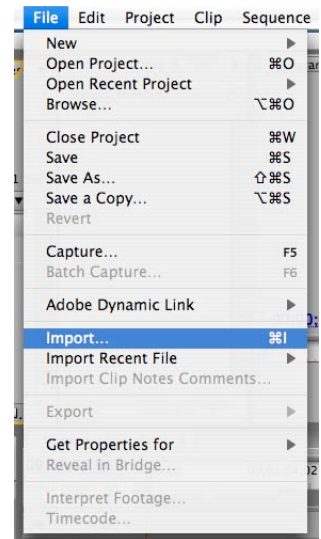


2. Make sure 'Standard 48kHz' is selected and click Ok.



3. Click 'File' and scroll down to 'Import'. Click 'Import'.

4. Choose a file to import and click 'Ok'.

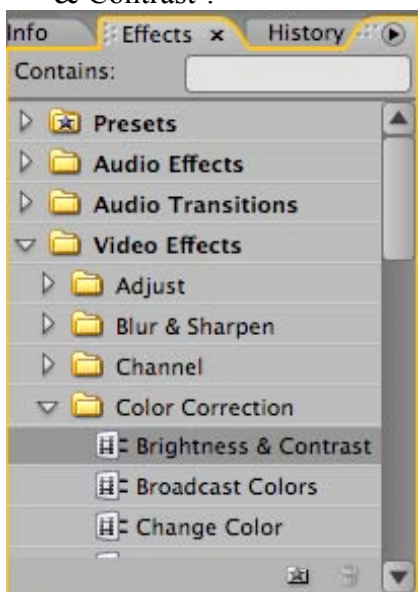




5. The video file will appear in the project box in the top left corner of the screen. Click on it and drag it to the timeline sequence box. It will appear as shown.

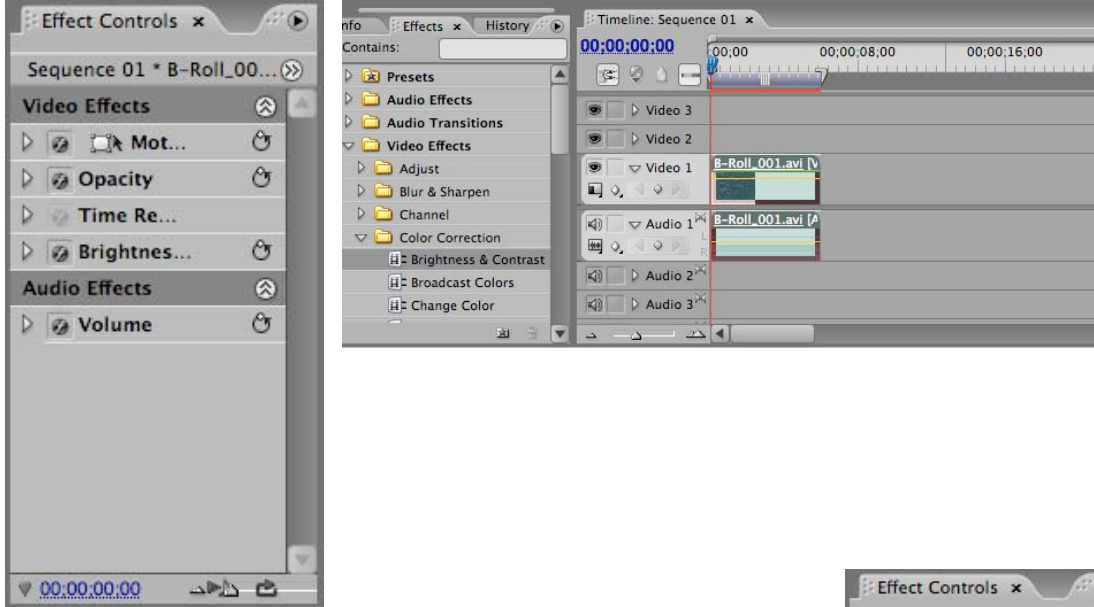


6. Go to the effects box at the bottom left corner of the screen and select 'Video Effects', then the folder 'Color Correction' and finally the effect 'Brightness & Contrast'.

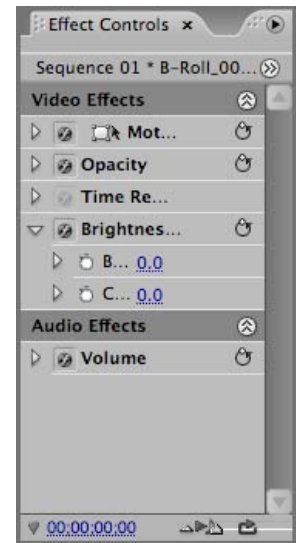




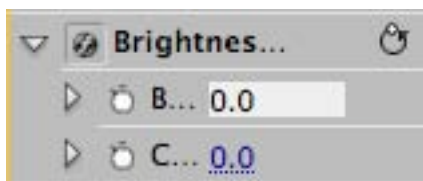
7. Click and hold on 'Brightness & Contrast' then drag and drop it on the video clip. The effect will then show up in the Effect Controls box.



8. In the effect controls box, open the effect where it has appeared.



9. Both the brightness and contrast will be currently set to zero. Change the brightness as you wish to on a scale of 0.0 to 100.0.



10. For instance, if you want to brighten the clip by 75%, type in 75.0.





11. The clip will now be brightened 75%.

